

SUPPLY LIST

Janet Rogers, AWS, Instructor – “Expressive, Intuitive Watercolors – The Head & Figure”

2026 - The New Studio of Visual Arts, Jupiter, Florida

Dear Students: I look forward to our workshop. Below is a **SUGGESTED** list of supplies. **PLEASE DO NOT FEEL YOU HAVE TO HAVE EVERYTHING!!** Hopefully you already have supplies that are the same or comparable.

Please **call me for any questions** (cell: 386-451-8441) or E-Mail: janet@watercolorsbyrogers.com. Website: www.watercolorsbyrogers.com

WATERCOLOR PAPERS: I suggest 140lb Coldpressed such as Arches Bright White (or natural) (I use the “**wrong side**”) **or** 140lb rough Arches Bright White or Natural. You can also use Fabriano cold pressed,. It will be helpful to have extra watercolor paper (could be backs of old paintings, etc.) for painting exercises. Of course, you will also need a **board – LIKE FOAM CORE**– I use a Champion Art Mate – size 17”x22”(material is what they use for political signs) to support your painting. If you paint larger you may want a gatorboard. We do many paintings, so please bring enough watercolor paper (approx. 3 to 5 paintings per day – can be ½ sheets or ¼ sheets). – or like I said – if you want larger - - (I USUALLY USE ½ sheets for demos)

OTHER PAPERS: A pad of **cheap drawing paper** will be needed in any portrait or figure workshop. I like smooth drawing paper – not Newsprint (the pencil moves faster on smoother paper) (**I will have some at workshop**)

PENCILS: I suggest a #2B pencil for drawing on the watercolor paper, but really love the **ebony** pencils (or 6B) for drawing exercises. A **kneaded eraser** and **pencil sharpener** will be handy.

PALETTE: I used to use various palettes such as “Cheap Joe’s Piggy Back”, etc. but now I also use “Jasper Trays “ (plastic type butcher tray) to make more “pigment areas”. If palettes have individual wells, they should have a larger flat area for mixing. (you can bring what you have, but if you **CAN**, bring a white plastic (light weight) tray for mixing colors and loading the brush!! – It will enable you to be more creative with color – (you can find these trays at a dollar store or Amazon. I will try to bring some plates you can use also.

OTHER STUFF: . **Hair dryer**(if you need), **container for water**, **paper towels** (I love Bounty). We will work from **photos** for the Portrait workshops. I WILL SUPPLY PHOTO OR PHOTOS I WILL WORK FROM, (you can trace these at workshop also) (I WILL BRING A LIGHT BOX!!!) **YOU CAN USE YOUR OWN IF YOU LIKE**. (you may “connect” better) -ones with **good lights and darks (shadow shapes)**. Ideally shadow shapes should should be **more than ½ of face**. **You will probably want to bring a “pre-drawn” drawing on wc paper for your portrait —you can also do 2 (would be better) it just may be “reassuring” if you are new to portraits. Also you may want to bring tracing paper to trace your own drawing again to have for practicing flesh tones. NO FEAR!!!!**

Photos will be available for figures also – but you can bring your own also!

BRUSHES: I like the following: A ½” and ¾” “Flat” brush such as King Art 9550 Wash, a King Art Round series 9000 size 12 or 14, a KingArt 9020 size 10, OR 12 . (Also strongly recommend AMERICAN JOURNEY INTERLOCKED SYNTHETIC BRUSHES (green handles) – ROUNDS – AJR12, or AJR14 and AJR-28. All these brushes can be found at Cheap Joes Art Stuff. I use these brushes, but bring what you have. (ALSO I WILL HAVE SOME YOU CAN BORROW)

WATERCOLOR PAINTS:

LIMITED LIST OF PIGMENTS

(you can get by on these)

These colors are all mostly transparent and do well in mixing other colors.

This list is to help students who do not have access to all the colors I use -

PLEASE NOTE: there are six colors in bold.....these are the strongest recommended!! (**two limited triads**) I list **recommended brands**

TRIAD #1 – Light to Mid Values

Aureolin (a transparent cool yellow) (**DANIEL SMITH OR WINSOR & NEWTON**) (my favorite is Winsor-Newton) (**or a TRANSPARENT Cool Yellow**)

Permanent Rose (a cool pink – I use a lot – Am. Journey, or W/N)

Cobalt Blue (American Journey, or W/N or Holbein)

AND

TRIAD #2 – Mid to Dark Values

Quinacridone Gold (a very intense transparent bright yellow gold) (**Daniel Smith** or **Holbein**) (these brands are the only ones to use)

Permanent Alizarin Crimson (a deep cool pink/red) – **Holbein** or **W/N** or **D.Smith**
Ultramarine Blue (AJ, W/N or Holbein) - probably all same

OTHER HELPFUL COLORS: (you do not HAVE TO HAVE – but nice)

Cerulean Blue (W/N) or Sky Blue (American Journey)*

Prussian Blue (American Journey or other)

Janet's Violet Rose (American Journey)*(I will have at Wkshp)

Skip's Green (Am. Journey)

Arctic Ice (Am Journey – now called **Cerulean Blue Hue**)*(I will have at wkshp)
(ANY AMERICAN JOURNEY COLORS I WILL HAVE AT WORKSHOP) you can see and test them.

* – will help

THESE LIMITED TRIADS WOULD REALLY BE ALL YOU NEED (SIX – (6) COLORS - BUT I USE MORE COLORS. DO NOT WANT YOU TO WORRY ABOUT BRINGING EVERYTHING!!! I BRING PAINTS WITH ME – ENOUGH FOR SHARING SO NO WORRIES!!! - **BEST TO BRING THE SIX COLORS** THOUGH. You can also bring your favorites of course.